



# ALL SAINTS' CHURCH

## THIS SUNDAY March 19 & BEYOND

In this Sunday's opening prayer we'll ask God to defend us from "all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul," which acknowledges something that makes all the difference in how we live our lives. Our physical bodies and the material world are great gifts that God has given us, and we should enjoy and care for them because they awaken and fill our souls to Him in an infinite number of ways.

One example of this is being inspired to buy music after going to a great concert. The outward experience of beauty and fellowship stirs our souls because they're made to look forward to an unending communion with God, who is Beauty itself. That's why no matter how good the album is, it doesn't quite satisfy us, and that's OK. The more aware we are of what our hearts are *really* after, the more we can enjoy the earthly experience for what it is instead of being disappointed by what it's not. But if our bodies and souls aren't on the same page, we can easily slip into simply searching out the experiences, which is like looking for what creates the thirst instead of what quenches it. The more things we try, the thirstier our souls get, and life can get dark and heavy very quickly, which is what we're seeing in this week's gospel reading.



The Woman At The Well by James Tissot

The fact that this poor woman has suffered 5 failed marriages and is now living with someone else makes it pretty clear that she's been searching for something for a long time without getting any closer to finding it. But as the conversation gets deeper and she realizes who Jesus really is, the thirst gets quenched and everything changes. We can see this most poignantly in her testimony: "Come and see a man who told me everything I have ever done!" Before, everything she'd done had made her a social outcast and left her hopeless and broken, but now that Jesus has healed her, she wants to share those wounds with everyone she knows as a sign of hope.

Think about the great experiences of your life and your most cherished memories. Have you tried to recreate or share them and been left disappointed or frustrated? Take those experiences to God; thank Him for them and ask the Holy Spirit to show you what it was about them that really stirred your heart.

Think also about the not-so-great experiences of your life, things that really left you down. How did you respond to that hurt? Take those experiences to God and thank Him for them too (as best you can) and ask the Holy Spirit to make up what your heart was seeking and not finding in them.

Ask God to show you how to become like that woman at the well; leaving your jar behind, but going away filled with hope and joy to share with the world.

Father McQueen

Readings for this Sunday – The Third Sunday in Lent

Exodus 17:1-7 Psalm 95:6-11 Romans 5:1-11 John 4:5-42

## Calendar

**SUNDAY:** 8:00a Low Mass (Church)  
9:30a Bible Study on the Gospel of Matthew (Fireside Room)  
10:30a Solemn Mass (Church)  
3:00p New City Sinfonia Concert (Church)

—*The entrance to the church is on 6<sup>th</sup> Avenue*—

*Note: Child care is provided at the 8:00a, 10:30a Mass, Coffee Hour & Fellowship follow the Mass in the Parish Hall.*

**MONDAY** 7:00p (AA) Doctors' Group (Fireside Room)

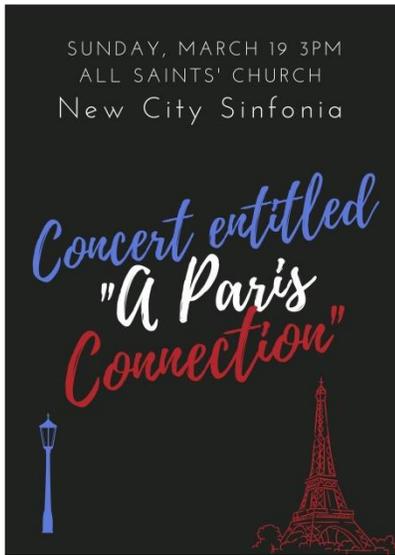
**TUESDAY:** Noon Mass (St. Mary's Chapel)

**FRIDAY:** 9:00a Morning Prayer (St. Mary's Chapel)  
9:30a Mass (St. Mary's Chapel)  
6:00p Stations of the Cross, Benediction of the Blessed Sacrament,  
Soup Supper

### AA Meetings

6:30p Rainbow Bridge (Fireside Room)  
8:00p Ladies' Group (Fireside Room)  
8:15p Men's Group (Parish Hall)

## CONCERT THIS SUNDAY AT 3:00pm



Now in its 31st season, The New City Sinfonia will present an hour-long afternoon concert at All Saints' on **Sunday, March 19**, at 3:00pm. Entitled "A Paris Connection," the program will feature music written in or for Paris, including France Joseph Haydn's Symphony No. 83 ("The Hen"), and Le Roi S'Amuse, by French composer Léo Delibes. As Haydn's fame, as well as his reputation for musical wit and inventiveness spread, audiences in several countries clamored for his music.

Director Daniel Ratelle is the founding conductor of the Sinfonia, and also teaches Music at Mesa College.

Excerpts of past concerts can be found on [You Tube](#), under "New City Sinfonia."

Suggested Donation \$10 —supports the Music Outreach Ministry at All Saints'